

Careers and Employability Service
What Can I Do With My Degree?
Occupational Therapy

Introduction

This resource is designed for you to discover what you can do with your degree. It contains information on:

- [Skills gained through your degree](#) - useful in career decision-making and when applying for graduate jobs
- [Overview of the main career areas with your degree](#) - to help you understand what other students with your degree have gone on to do
- [Links to selected relevant professional bodies and associations](#) - to help you understand the sector and also provide advice and information
- [Finding opportunities](#) - including finding jobs and internships, volunteering opportunities, specialist recruitment agencies.
- [Further study](#) - professional qualifications and programmes aligned to your first degree

Skills gained through your degree

In a competitive graduate labour market, it is important that you are able to demonstrate the key skills that you have developed through your degree programme.

Reflecting upon the skills you have gained and your skill strengths can also be helpful in career decision making. The following resources can help you to understand the skills gained from your degree.

[Prospects](#)

[Understanding your skills](#)

[Your course learning outcomes](#) - Your course modules contain aims and learning outcomes. These are useful in assisting you to recognise and reflect upon the skills developed during your studies.

Overview of the main career areas with your degree

Occupational Therapy graduates are also equipped for numerous roles in a wide variety of career sectors.

The resources below will enable you to explore these in more detail.

[Prospects](#)

[TargetJobs](#)

[National Careers Service](#)

[Health Careers](#)

Links to selected professional bodies and associations

[Royal College of Occupational Therapists](#) – see comprehensive career resources for OTs

[World Federation of Occupational Therapists](#)

Finding relevant opportunities

This section suggests selected sources of opportunities that are most closely linked to your degree. Remember though, that students studying your subject can enter a much wider range of career options.

[NHS Careers](#) – careers information on over 350 roles within the NHS

[NHS jobs](#) – main search engine for finding NHS opportunities in England and Wales

[NHS Scotland](#) – vacancies in NHS Scotland

[BMI Healthcare Jobs](#) – private healthcare provider

[BUPA Careers](#) - private healthcare provider

[Nuffield Health Careers](#) - private healthcare provider

[College of Occupational Therapists](#) – job database available to members only

[NHS Professionals](#) – Register for temporary work opportunities

[Community Care](#)

[Health Jobs](#)

[Local Government Jobs](#)

[JustOT](#) – Recruitment agency specialising in OTs

[Pulse](#) – specialist recruitment agency, recruiting nurses and midwives

[Agency central](#) – searchable way to find national specialist recruitment agencies

Further study

[Prospects](#) – Search postgraduate courses, advice and funding information

[Target Postgrad](#) – advice and information on postgraduate study

[Careers Service](#) – includes information on Law, Teaching and Medicine